2027 Agenda

Shide Charitable Trust

The Great 14th Dalai Lama has repeatedly advised us that we must foster an environment based on love, compassion and wisdom as is taught in the great Buddhist texts. In order to fulfill this wish, the Geshes of Shide Trust teach a variety of classes based on these great texts, and do so in a way that is suitable to many different types of people and believes. The subject of the classes include topics as Compassion, Buddhist Psychology, Logic and Tibetan language. The planned classes for 2027 are:

Schedule of Courses and Classes

1	**Course**	**How to practice *The Bodhisattva's Way of Life***
	Description	In The *Bodhisattva's Way of Life*, of Shantideva, is shown the methods to develop the mind of a Bodhisattva – Bodhicitta, and gradually transform one's thoughts, emotions, attitudes and actions into the path of happiness and absence of problems. (chapters 1- 5)
	Instructor	Geshe Lharampa Lobsong Dorjee
	Language	Tibetan with English interpretation
	Period	March to December
	Dates	Every Wednesday and Friday
	Time	4:00 PM to 5:00PM India Standard Time (IST)
2	**Course**	**Riglam – Logical Investigation and Debate**
	Description	A systematic method of investigation Buddhist philosophical teachings through logical reasoning, debate, questioning and critical analysis. Following the methodology of the Indian panditas of Nalanda University.
	Instructor	Shide's Geshes
	Language	Only in Tibetan
	Period	According to interest showed by students

3	**Drop-in classes**	**ASK A MONK**
	Description	Sessions of Q&A about life, practices and specific topics, introduced by short talks that help contemporaneous issues as reduction on anxiety, self-esteem, stress, as well as Buddhist Phychology and so forth.
	Instructor	Shide's Geshes
	Language	Tibetan with English interpretation
	Date	Every Sunday
	Time	3:00 PM to 40PM (IST)
4	**Drop-in classes**	**Meditation**
	Description	Cultivate a correct understanding of a meditative practice and how to meditate in the different practices, following the correct steps and reflections. Proof of efficiency and benefits.
	Instructor	Shide's Geshes
	Language	Tibetan with English interpretation
	Date	Every Wednesday
	Time	7AM TO 8AM (IST)

Tibetan Language Classes (no interpreter)

1	**Tibetan Basic Level (in-person)**	Foundation of Tibetan grammar: alphabet, syllable, prefix, suffix. Practice of reading, listening and pronunciation. Basic first words. In Tibetan language with help of basic English.
	Period	March to July
	Date	Monday to Friday
	Time	2PM TO 3PM
2	**Tibetan Intermediate Level (in-person)**	Grammar rules of sentence construction, particles, nouns, according to Thonmi Sambhota's *Root Grammar in Thirty Verses. Practice of* reading, listening. Introduction to Buddhist vocabulary.
	Period	March to July
	Date	Monday to Friday
	Time	3.30PM to 4.30PM

3	**Tibetan Basic Level (ONLINE)**	Foundation of Tibetan grammar: alphabet, syllable, prefix, suffix. Practice of reading, listening and pronunciation. Basic first words.
	Period	March to July
	Date	Monday, Tuesday and Thursday
	Time	5pm to 6pm
4	**Tibetan Intermediate Level (ONLINE)**	Grammar rules of sentence construction, particles, nouns, according to Thonmi Sambhota's *Root Grammar in Thirty Verses. Practice of* reading, listening and basic speaking. Introduction to Buddhist vocabulary.
	Period	March to July
	Date	Monday, Tuesday and Thursday
	Time	5pm to 6pm

Special Tibetan Himalayan Youth Program

1	**Tibetan Language and Culture course**	Tibetan language grammar rules. Reading and interpretation of stories books. Tibetan culture, habits, individual and social stories. Introduction to history of Tibet.
	Instructors	Shide's Geshes
	Language	Tibetan
	Date	Monday, Tuesday and Thursday
	Time	4pm to 5pm

Special 1-year online course

1	**Cultivate the Causes of happiness**	To cultivate the path of altruist attitudes, directly causes individual wellbeing and helps to create a more sustainable, understanding and wise society.
	Instructor	Geshe Lharampa Gyaltsen Tsering
	Language	Tibetan with Portuguese interpretation
	Period	March to December
	Date	Every last Sunday of each month
	Time	4pm to 5.30pm (IST)

Special agenda with invited scholars 2027

March	**Talk**	**From Corporate to Monastic life**
	Speaker	Ven Tenzin Lamdron
		Personal experience of a Brazilian nun studying Geshe degree in a Tibetan nunnery, coming from a background in Human Resource in corporations, engineer and reiki healer. What were the triggers of this shift and what are the main life lessons she has being experiencing within the Tibetan community.
	Date	Sunday, March 7, 2027
	Time	3PM to 4PM
April	**Talk**	**What is was like to be the first female Geshe of the Tibetan tradition**
	Speaker	Geshe-ma Delek Wangmo
		The journey of a Tibetan Geshe-ma, since her exile in India, cultural barriers, lack of conditions, struggles to access the formal education in Buddhist Philosophy. All achievements and life lessons as being part of the first batch of 20 Geshemas of the Tibetan tradition.
	Schedule	Sunday, April 4, 2027
	Time	3PM to 4PM
May	**Talk**	**How to conquer fear and discouragement**
	Speaker	Geshe-ma Kelsang Wangmo
		The first foreigner Geshe-ma, will elucidate methods to recognize the causes of our daily fears and stressful state of life. What is the impact of these negative attitudes and how can we change the way of perceiving reality and overcoming difficulties more smoothly.
	Schedule	Sunday, May 16, 2027
June	**Talk**	**The Art of dealing with problems**
	Speaker	Geshe-ma Lobsang Jangjub
		Escaping Tibet and facing many kinds of difficulties along her life, from exile problems to lack of skill of communication in the West. Geshema based on her deep understanding of Buddhist Psychology and her direct experience, will bring insights how to deal with daily and big problems.
	Schedule	Sunday, Jun 6, 2027

Monthly special scholars guests will share their knowledge with Shide's public.
Update of this special agenda will be announced time to time.

Class Registration

In-person Dharma classes and special events are free and no need prior registration nor requirement.

For online Dharma courses, registration is required by Shide's whatsapp.

For Tibetan Language courses, registration is required by Shide's whatsapp.

Shide's whatsapp +91 6230678726

What is the benefit of these classes in students' lives?

- Finding peace and ease in the mind
- Improve understanding in the practice of human values of Love and Compassion
- Having less fear
- Developing an undauntend mind
- Deeping one's knowledge in Tibetan Philosophy, Psychology and Culture through Tibetan Language

Because highly qualified Geshes and experienced scholars of Tibetan Philosophy and culture provide a wide variety of teachings tailored to people's individual interests, the benefits are immediate.

Offerings for living expenses

We greatly appreciate any support to Shide's Geshes in their living expenses, such as rent, simple food and so, for monthly or yearly expenses.

Vacation Schedule

Summer Vacation	July 16 to July 31 (16 days total)
Winter Vacation	December 1 to March 1 (90 days total)

Written October 30, 2026 at the Shide Charitable Trust.